

Self-Esteem Empowers: Joy from Inner Strength



Esther McIlveen, mother of three children and grandmother of four, is co-founder of the Good Shepherd, a drop-in centre for children in Richmond, B.C. She is a spiritual director and a mentor and a Steveston, B.C., published author. She has had columns in both Richmond newspapers and the North Shore News for many years, encouraging people how to live. Many women will find her book encouraging, filled with quotes from known authors and addressing womens issues. You may discover your gifts and strength in a world that appears to be unravelling.

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