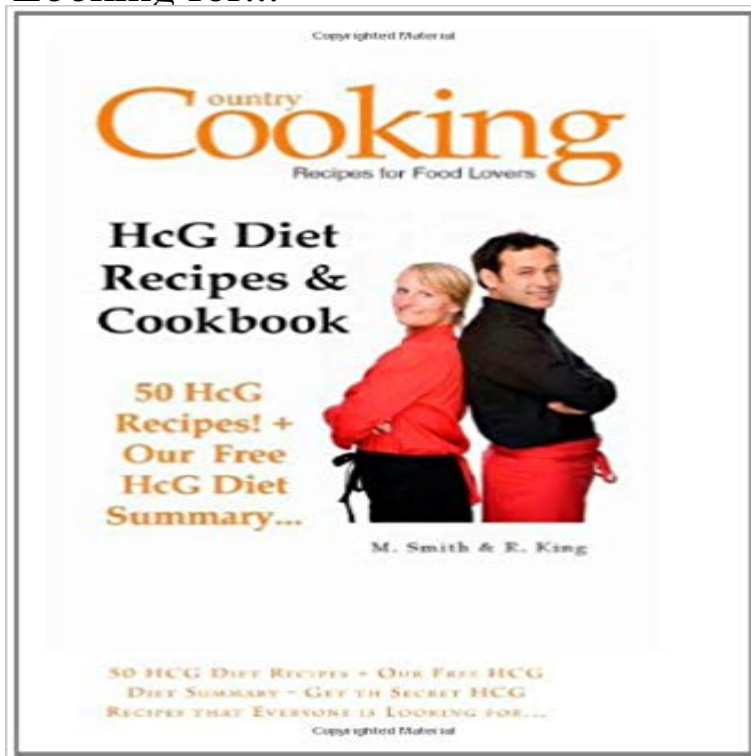


HCG Diet Recipes and Cookbook: 50 HCG Diet Recipes + Our Free HCG Diet Summary - Get th Secret HCG Recipes that Everyone is Looking for...



About this HCG Recipe and Cookbook brought to you by Country Cooking Publishing and M. Smith and R. King: This book is meant for anyone seeking hcg recipes and more information on the extremely popular hcg diet. Over 50 hand-selected and delicious hcg recipes have been researched and developed to meet the requirements of the hcg diet. Also included is a free summary of the 3 phases of the HCG diet and how you can use these phases to meet your weight loss goals. Inside this book: The HCG Diet Summary

HCG Diet Recipes

Spiced Breakfast Bake Seafood Omelet Shrimp Tomatoes Lightly Seasoned Crab Patties

Cayenne Chili Shrimp Cajun Tilapia

Lemon Cod with Asparagus Lemon Pepper Halibut Seasoned Orange Chicken Broth Simmered Chicken

Parmesan Coated Chicken Tenders Crock Pot Beef Roast Marinated Steak and Veggies Muffin Tin Meatballs Chili Spiced Beef Roast Garlic Roasted Asparagus Spicy Sweet Cucumber Slices

Oven Baked Onions Lemon Cabbage

Herbed Mashed Cauliflower Cinnamon Baked Apple Bites Homemade Spiced Applesauce Broiled Caramelized Grapefruit Cantaloupe Mix Fruit Bowl

Broccoli Pimiento Pasta Dilly Cucumber Salad Apple Celery Chicken Salad

Chicken Broth from Your Kitchen

Chicken and Cabbage Chili Roasted Garlic Tomato Soup Chicken and Spinach Soup Autumn Chicken Soup

Italian Vegetable Soup No Cook Celery Soup Apple Cider Shrimp Wraps Pita Pepperoni Pizza Melba Dutch Apple Pie

Layered Strawberry Pie and many more... Get your copy today and start meeting your weight loss goals faster than ever before with these delicious hcg diet recipes...

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