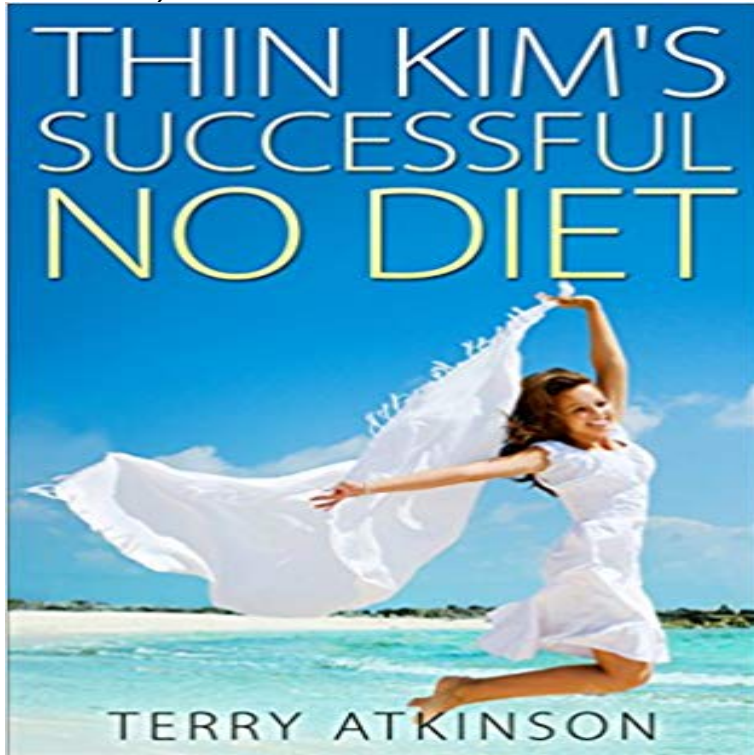


## Thin Kims Successful No Diet: An inspirational short story (Kim Stories Book 1)



This book is an inspirational and motivational short story. Kim learns to love herself for who she is and finds happiness and self-confidence. One reader said: Beware! After this, everything changes! Another said: Thank goodness I found this in time! It helped me to not go down the wrong path! This is NOT a diet. Its a story with a powerful message about self-respect, freedom and happiness. Read it and see where it might take you Most of us can identify with Kims problem! In a society that stresses the perfect body, the perfect pay-check, the perfect car and home etc., we sometimes feel a little stressed to say the least! This story about Kim is a story we have all felt in different ways in our pressured lives of today. In this fiction story about Kim, we have some real answers told through the eyes of Kim as she works out solutions to these pressures and finds her own self-confidence. This is why this book finds itself in the self-help categories as a bestseller, even though it is just a story. Easy to read, this book has helped teenagers, parents and adults of all ages. The reviews speak for themselves. Readers have been finding relief from the constant pressures that are thrown at us to fit in to society and its expectations. From a 13-year old who learned a good lesson about how to like herself and be happier, to a mom who found it valuable to help her daughter, who suffered from bulimia, to an executive who discovered that one didnt need to complicate life by trying to fit in. Reading this story will not give you a diet and it will not solve all your problems with societys expectations. But if you read it, you will definitely get a new viewpoint on some of these stresses and strains that society forces on us. Through Kims story, you will see a fresh way of facing these challenges that will give you relief from these pressures. This book has helped many readers to start on their path off the treadmill of other peoples expectations.

What you do with it, is entirely up to you. But don't wait! Give the book a read and see what it can do for you. Read Thin Kims Successful No Diet and find out why one reader said This short powerful message will save and change lives. If you don't get what it is saying to you then read, read, read and read it again, until you understand it.

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