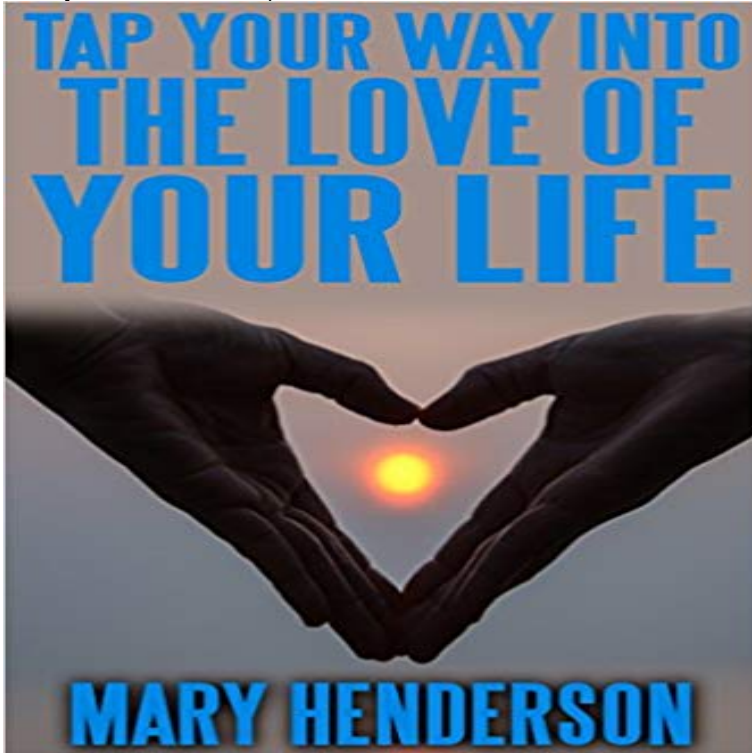


## Tap Your Way Into the Love of Your Life (Tap Your Way Book 4)



If you've come across this book right now, then probably one of the following things has recently happened: (1). You've just read my summary book, *Tap Your Way Into Your inner Power*, and you're ready to get started. That's great! In that book, I explained the science around changing yourself and your life at the most fundamental level. In this series of books, I'll show you in detail how to do so. (2). You haven't yet read *Tap Your Way Into Your inner Power* but you are ready to make some profound and wonderful changes in your life. Congratulations! I'm delighted to show you how. I do recommend reading my first summary book because it sets the stage for everything you're going to learn in this one.

Either way, this book is about taking action. Clearly, you're ready to do so. I know how that feels because I spent more than twenty years searching for the right way to take action. I always had this sense that there was more to life that I could be enjoying. The sense that I wasn't quite living my life to its fullest. My guess is, you know this feeling well. Maybe you've already tried other techniques or read some of the self-help literature that's out there, but nothing has quite worked for you yet. That's all about to change for you, just as it did for me when I came across the simple technique I'm about to share with you. It's called Emotional Freedom Technique (EFT), or Tapping, and it's a simple process whereby you tap upon certain pressure points on your body while repeating key phrases. It's quite easy to do, but it yields huge results! And you don't need to attend a seminar, find a guru, join a new age group, or even read a long and complicated book. All you need is contained in this little book, and each one in this series focuses on a different issue. In these books, you will find out how and why EFT works. I will guide you through the process, step-by-step, using scripts I have written.

Ill also show you how to write your own scripts for any issue. I wanted to make this information available to everyone, in an easy and portable format. You can think of this book as your own secret friend. If you dont own a Kindle, you can download the Kindle App to your iPhone or iPad and you can have this handy digital version with you at all times.. Its your little pocket friend, and it can go wherever you go. In this book, Im going to focus on the particular topic of getting the perfect relationship. Ill show you how you can use Tapping to let go of old pain from past relationships and to attract the right partner. Each book in this series has information and exercises specifically designed for a different topic, so you can choose what you need to focus on the most at any given moment, whether its increasing your income and money management skills, healing chronic pain, losing weight, growing your business or simply attracting greater abundance into your life in all forms.

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